



International Menu

By Chef Vanessa Bayma

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Chicken Stroganoff with Rye bread	Andalusian Chicken Stew with rice	Pan seared dory with capers and olives	Thai Vegetable Green Curry with Jasmine rice (v)
Chicken tikka masala with paratha	Salmon grenobloise with garden vegetables	Grilled Chicken breast with orzo & capsicum	Tandoori Chicken Leg with light curry Rice and salsa (tikka)
Grilled chicken with olives & cous cous	Tender Beef brown rice gravy, garlic mash & brown bread	Chicken corn & scallion salad organic lemon cumin dressing.	Double Dum chicken biryani
Organic Quinoa salad with, carrot, avocado and pomegranate (v)	Red Chicken curry with coriander Rice	Mexican Beef Roll with citrus salad.	Stir Fried Vegetables with noodles and Soya (v)
Merguez sausage with lentil flavored paired with mash and sage	Broccoli and beef stir-fry	Tuna niçoise	Bangers Mash with peas and pepper sauce
Spaghetti Bolognese	Chili Corn Carne	Lemon Mustard Dory with herby potatoes	Chicken Fajitas with Flour tortilla
Cottage Pie	Spiced roast Chicken with a Mediterranean carrot salad	Zaatar Chicken with citrus couscous	Pomegranate glazed chicken salad with pine seeds
Macaroni and beef cheese	Chicken and cheese fajitas	For More Information: Email: care@hellomealsonme.com Call/Whatsapp: 0564006474	